

*For Immediate Release: September 8, 2022*

## **Hundreds of Community Volunteers to Unite for “Day of Caring”**

United Way of the Midlands (UWM) will host its annual “Day of Caring” volunteer event on Friday, September 16. In support of the event, hundreds of volunteers will be rolling up their sleeves and getting to work helping more than 46 nonprofit organizations across Douglas, Sarpy and Pottawattamie counties.

Held every year since 2001, UWM’s “Day of Caring” is a national day of service where volunteers from across the metro community spend their day helping local nonprofits fulfill a variety of needs – from paperwork, painting, stocking shelves and yardwork to everything in between. Employee teams from local companies, as well as individual volunteers, will participate in about 95 volunteer projects across the metro area.

“We are so grateful to our corporate partners who provide time off for their employees, and to the hundreds of volunteers who share their time and talents on Day of Caring,” said Shawna Forsberg, President and CEO, UWM. “They make such a difference providing much-needed help to vital non-profit organizations in the Omaha-Council Bluffs metro.”

Some of the nonprofits hosting Day of Caring events include: Canopy South, Children’s Respite Care Center, Child Saving Institute, City Sprouts, Community Alliance, Girls Inc., Habitat for Humanity (Council Bluffs), Keep Omaha Beautiful, Nebraska Diaper Bank, Restoring Dignity, Together, Inc. and many others.

Individuals who would like to sign up and volunteer for “Day of Caring” can register at [www.unitedwaymidlands.org](http://www.unitedwaymidlands.org).

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### **About United Way of the Midlands**

For nearly 100 years, United Way of the Midlands (UWM) has served the Omaha-Council Bluffs metro by bridging the business and not-for-profit sectors to create a Circle of Support that helps our neighbors overcome difficult challenges and start building a better future. UWM’s funded programs and direct services address social and economic disparities and meet families’ essential needs such as healthy food, safe and stable housing, physical and mental health services, career preparation and job training. For more information, visit [www.unitedwaymidlands.org](http://www.unitedwaymidlands.org).