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211 Designated as Aging Disability Resource Center (ADRC) for the State of Nebraska

Every hour of every day, someone in Nebraska is faced with a challenge and needs assistance. The 211 Helpline, housed at United Way of the Midlands (UWM), connects people looking for assistance to local programs that can help. Effective July 1, 2023, the 211 Helpline is pleased to announce its designation as an official Aging Disability Resource Center (ADRC) for the entire state of Nebraska. This recognition positions 211 as a go-to resource for individuals and families seeking assistance, guidance and support related to aging and disabilities.

The ADRC program, administered by the Nebraska State Unit on Aging, aims to provide a comprehensive system of information and resources for individuals of all ages with disabilities and older adults. With its proven track record of delivering valuable services to Nebraskans – and by expanding its scope to include ADRC services – the 211 Helpline will ensure that seniors, individuals with disabilities and their families, have access to the necessary support systems and resources to enhance their quality of life.

As an official ADRC for Nebraska, the 211 Helpline's trained specialists will offer personalized support and guidance to individuals and families, helping them navigate the complex web of services and programs available in their community. They will also offer comprehensive benefits screenings to determine eligibility for various programs and services, such as Medicare, Medicaid, Social Security and other federal or state assistance programs. Specialists will collaborate with healthcare providers, hospitals and other community organizations to facilitate smooth transitions between healthcare settings, and ensure coordinated care and support during the transition process.

The 211 Helpline encourages all Nebraskans, regardless of age or ability, to reach out for assistance. The organization is committed to promoting independence, well-being and equal access to resources for all individuals across the state.

Via **ne211.org**, Nebraskans can access an online database of local health and human service programs, community services, governmental programs and more. Individuals can also receive help by **texting their ZIP code to 898211** or **dialing 2-1-1** to communicate directly with a trained 211 Community Resource Specialist.

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About United Way of the Midlands

For 100 years, United Way of the Midlands (UWM) has served the Omaha-Council Bluffs metro by bridging the business and not-for-profit sectors to create a Circle of Support that helps our neighbors overcome difficult challenges and start building a better future. UWM's funded programs and direct services address social and economic disparities and meet families' essential needs such as healthy food, safe and stable housing, physical and mental health services, career preparation and job training. For more information, visit UnitedWayMidlands.org.

